Quality Quick Tips

BEHAVIORAL HEALTH

MAY 2021



FOLLOW-UP CARE FOR CHILDREN PRESCRIBED ADHD MEDICATION

It is important to appropriately monitor children who are prescribes medication for ADHD. Members between the ages of 6-12 with a new prescription for an ADHD medication should have:

- At least **one** follow-up visit, with a practitioner with prescribing authority, during the first 30 days after initial prescription.
- At least two follow-up visits within 270 days after the end of the initial phase. One of these visits may be a telephone call.

How to Improve HEDIS Scores

- Schedule follow-up visit within 30 days of initial prescription at the time of prescription
- Schedule two more visits within the next nine months after the first 30 days
- Use telehealth visit for one of the visits after the first 30 days. This may help you and your patients if getting to an office visit is difficult. (codes: 98966-98968, 99441-99443)
- NEVER continue these controlled substances without at least two visits per year
 to evaluate child's progress. If nothing else, you need to monitor the child's growth
 to make sure he or she is on the correct dosage.

FOLLOW-UP AFTER HOSPITALIZATION/ED Visit FOR MENTAL ILLNESS

All patients who were in the hospital should have a follow-up visit with a health care professional **within 7-30 days of discharge.** Members 6 years of age and older who were hospitalized for treatment of selected mental health disorders should have an outpatient visit, an intensive outpatient encounter or partial hospitalization **with a mental health provider** within these same timeframes.

How to Improve HEDIS Scores

- Educate inpatient and outpatient providers about the measure and the clinical practice guidelines
- Use telehealth visit for follow-up, this may help you and your patients if getting into the
 office is difficult.
- Schedule the follow-up appointment before the patient leaves the hospital
- Use plan case managers or care coordinators to set up appointment
- Ensure accurate discharge dates and document not only appointments scheduled, but appointments kept.

If you have questions, would like to see your disparity report or would like more information, please email us at MHPOutreach@mclaren.org. Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members. Call 800-784-8669 for more information.

Thank you for the quality care you deliver!

PCP Feedback (Please print) PCP name/office name:	Comments, requests, questions, etc.: FAX to 810-600-7985
Name:	Phone:
Email:	